**THURSDAY JULY 14 – XV WEEK O.T. [C]**

**Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for your selves. For my yoke is easy, and my burden light.**

**The man of God, the man who lives in the fear of the Lord always praises the law of the Lord and always manifests its goodness. Life is in the Law of the Lord, meditated Law, kept Law, observed Law. Here are some truths we take from Psalms: “Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take  
or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers. Not so the wicked! They are like chaff that the wind blows away. Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. For the Lord watches over the way of the righteous,  
but the way of the wicked leads to destruction.” (Psal 1,1-6).**

**“The precepts of the Lord are right, giving joy to the heart. The commands of the Lord are radiant, giving light to the eyes. The fear of the Lord is pure, enduring forever. The decrees of the Lord are firm, and all of them are righteous. They are more precious than gold, than much pure gold; they are sweeter than honey, than honey from the honeycomb. By them your servant is warned; in keeping them there is great reward. But who can discern their own errors? Forgive my hidden faults. Keep your servant also from willful sins; may they not rule over me. Then I will be blameless, innocent of great transgression. May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer.” (Psal 19,8-15).**

**“Teach me, Lord, the way of your decrees, that I may follow it to the end.Give me understanding, so that I may keep your law and obey it with all my heart. Direct me in the path of your commands, for there I find delight. Turn my heart toward your statutes and not toward selfish gain. Turn my eyes away from worthless things; preserve my life according to your word.Fulfill your promise to your servant, so that you may be feared. Take away the disgrace I dread, for your laws are good. How I long for your precepts! In your righteousness preserve my life. May your unfailing love come to me, Lord, your salvation, according to your promise; then I can answer anyone who taunts me, for I trust in your word. Never take your word of truth from my mouth, for I have put my hope in your laws. I will always obey your law, for ever and ever. I will walk about in freedom, for I have sought out your precepts. I will speak of your statutes before kings and will not be put to shame, for I delight in your commands because I love them.I reach out for your commands, which I love, that I may meditate on your decrees. (Psal 119,33-48).**

**Whoever loves the Law of the Lord also praises the Law and shows the benefits it produces in the one who observes it with simple and pure heart. Instead, whoever hates the Law despises the Law and declares it heavy. Since the Gospel is no longer observed and one does not obey it, then one despises it and declares it difficult to live. But this disdain and this prophecy of sin regarding the Gospel is only fruit of his non-observance. Here is what the Psalm reveals about this prophecy of sin: I have a message from God in my heart concerning the sinfulness of the wicked:There is no fear of God before their eyes. In their own eyes they flatter themselves too much to detect or hate their sin. The words of their mouths are wicked and deceitful; they fail to act wisely or do good. Even on their beds they plot evil; they commit themselves to a sinful course and do not reject what is wrong. (Psal 36,2-5).**

**Let us read the text of Mt 11,28-30**

**"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for your selves. For my yoke is easy, and my burden light."**

**The Apostle James reveals that man’s happiness is born of the faithfulness to the Law of the Lord: “Know this, my dear brothers: everyone should be quick to hear, slow to speak, slow to wrath, for the wrath of a man does not accomplish the righteousness of God. Therefore, put away all filth and evil excess and humbly welcome the word that has been planted in you and is able to save your souls. Be doers of the word and not hearers only, deluding yourselves. For if anyone is a hearer of the word and not a doer, he is like a man who looks at his own face in a mirror. He sees himself, then goes off and promptly forgets what he looked like. But the one who peers into the perfect law of freedom and perseveres, and is not a hearer who forgets but a doer who acts, such a one shall be blessed in what he does.” (Jm 1,19-25). We must confess that today many are the messages and the prophecies of sin that are pronounced about the Law of the Lord and about the revealed truths. The Christian world is polluted with these prophecies of sin, falsities, lie. Whoever wishes his good and the good of every other man must obey the Law and always sing his praises. May the Mother of Jesus deliver us from these prophecies of sin. May She obtain the grace of being the cantors of the praise of the Law.**